



# Autism Family Network

[www.AutismFamilyNetwork.org](http://www.AutismFamilyNetwork.org)

[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

**402-421-0874**

**May 1<sup>st</sup>-24<sup>th</sup> - Give to Lincoln Day**

**May 13<sup>th</sup> - Young Child Art Social Club**

**May 24<sup>th</sup> - Young Adult Art Social Club**

**June 3<sup>rd</sup> - Support Group**

**June 5<sup>th</sup> - Project Lifesaver Open House**

**June 11<sup>th</sup> - Movie Day**

**June 14<sup>th</sup> - Music Club**

**June 28<sup>th</sup> - Young Adult Social Club**

**\*No Support Group in July\***

**July 2<sup>nd</sup> - Parents Night Out**

**July 8<sup>th</sup> - Young Child Art Social Club**

**July 12<sup>th</sup> - Music Club**

**July 26<sup>th</sup> - Young Adult Art Social Club**

**August 12<sup>th</sup> - Fishing Clinic**

**August 19<sup>th</sup> - Autism Conference**

NOW YOU CAN MAKE AN EVEN  
**BIGGER IMPACT**  
WHEN YOU GIVE TO



Autism Family Network

give  
TO LINCOLN DAY  
MAY 24, 2023

LINCOLN'S ONE  
**BIG DAY**  
OF GIVING

The Lincoln Community Foundation and its generous sponsors are providing a  
**\$500,000 challenge match fund.**

Online donations made between May 1 and May 24 will be used to calculate  
the distribution of the match funds to organizations including AFN.

**MAKE YOUR IMPACT AT:**



[givetolincoln.com/nonprofits/autism-family-network](https://givetolincoln.com/nonprofits/autism-family-network)

For information about giving with cash/check, donor advised fund gifts, or IRA, visit: [GiveToLincoln.com](https://GiveToLincoln.com)



# CHILDREN'S ART + SOCIAL GROUP

Ages 5 to 12 (Accompanied by an adult)



**Autism Family Network**

in partnership with Lincoln Arts Council  
and Urban Legends Art Studio



**\$5 PER SESSION • 2nd Saturday Each Month • 1:00 PM**

**Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE**

**Snacks Provided!**

Class size is limited, so please RSVP by emailing AFN at:  
[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)

**Next Session: May 13<sup>th</sup> @ 1:00pm**



Autism Family Network

is partnering with **Lincoln Arts Council**  
and **Urban Legends Art Studio**  
to host:

# YOUNG ADULT ART SOCIAL CLUB

for individuals with special needs.

**\$5 PER SESSION** • 4th Wednesday Each Month • 6:30 - 7:45 PM

**Urban Legends Art Studio** • 2632 NORTH 48th STREET • LINCOLN, NE

Class size is limited, so please preregister by emailing AFN at:

**AutismFamilyNetworkLincoln@gmail.com**

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



**Next Session: May 24<sup>th</sup> @ 6:30pm**





**Autism Family Network**

**SUPPORT GROUP**

**June 3rd @ 10:00am**

**6500 Holdrege Street**

**Topic: Open Discussion**

**Meet with AFN Board Members**

**RSVP:**

**[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**





## **Autism Family Network**

### **Project Lifesaver Open House**

**June 5<sup>th</sup> @ 6:00 pm**

**Lincoln Police Station**

**6601 Pine Lake Road Lincoln, NE**

**Join us for an informational meeting and learn  
about the Lancaster County Project Lifesaver  
Program**



**JOIN US FOR:**  
**SUPER MARIO BROS MOVIE**



SUN JUNE 11TH @ 11AM

**RSVP Required by June 5th :**  
**[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**

**EASTPARK THEATER**  
**220 N 66TH STREET LINCOLN, NE**

**Sunday June 11<sup>th</sup> @ 11am- RSVP by June 5th**



**Autism Family Network**

is proudly hosting in partnership with  
**Lincoln Arts Council** and **Daniel Martinez**

# Musical Arts Social Group

**Ages 5 and Up**

(Must be accompanied by an adult)

**2nd Wednesday of Each Month • 7:00 PM**



**Union College Music Dept – Engel Hall • 4811 BANCROFT AVE. • LINCOLN, NE**

Class size is limited, so please RSVP by emailing AFN at:  
**[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)**

**Next Session: June 14<sup>th</sup> @7pm**





# CHILDREN'S ART + SOCIAL GROUP

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**Snacks Provided!**

Class size is limited, so please RSVP by emailing AFN at:  
[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)

**\*June ONLY changed to date below\***

**Next Session: June 24<sup>th</sup> @ 1pm**



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**[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)**

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



**Next Session: June 28<sup>th</sup> @ 6:30pm**



PARENTS NIGHT OUT

**SUNDAY SUNSET MUSIC BINGO  
DEER SPRINGS WINERY  
16255 ADAMS STREET  
LINCOLN, NE**

JULY 2ND 6-8PM

WINE AND BINGO INCLUDED

RSVP:

AUTISMFAMILYNETWORKLINCOLN@GMAIL.COM





# CHILDREN'S ART + SOCIAL GROUP

Ages 5 to 12 (Accompanied by an adult)



**Autism Family Network**

in partnership with Lincoln Arts Council  
and Urban Legends Art Studio



**\$5 PER SESSION • 2nd Saturday Each Month • 1:00 PM**

**Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE**

**Snacks Provided!**

Class size is limited, so please RSVP by emailing AFN at:  
[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)

**Next Session: July 8<sup>th</sup> @1pm**





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# Musical Arts Social Group

**Ages 5 and Up**

(Must be accompanied by an adult)

**2nd Wednesday of Each Month • 7:00 PM**



**Union College Music Dept – Engel Hall • 4811 BANCROFT AVE. • LINCOLN, NE**

Class size is limited, so please RSVP by emailing AFN at:  
**[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)**

**Next Session: July 12<sup>th</sup> @7pm**



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**\$5 PER SESSION • 4th Wednesday Each Month • 6:30 - 7:45 PM**

**Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE**

Class size is limited, so please preregister by emailing AFN at:

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AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



**Next Session: July 26<sup>th</sup> @ 6:30pm**

NEBRASKA  
WALLEYE  
ASSOCIATION  
KIDS FISHING  
CLINICS CHARITY,  
INC.



Nebraska  
Game &  
Parks  
Commission



Autism Family Network

## **FISHING IS FUN! SPECIAL KIDS-LINCOLN**

**WHEN: August 12, 2023**

**WHERE: HOLMES LAKE – SHELTER #1**

**For Youth and Young Adult. Parent or guardian must attend.**

**MASKS RECOMMENDED**

**TIME: 11:30 AM CHECK-IN - MEAL**

**Sign up by August 11, 2023 or the first 50 registered**

**Email: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**

**Phone: 402-421-0874 Questions**

**Cathy Martinez**

**Sign up early and bring waiver form completed. Printable form at**

**[www.nebraskawalleye.com](http://www.nebraskawalleye.com) and click on Fishing is Fun!**

This is a special clinic for special youth and young adults and their siblings that need a smaller and more hands on experience at fishing. The Nebraska Walleye Association Kids Fishing Clinics Charity, Inc. puts these clinics on all over the state of Nebraska. This year we are partnering with AFN. We've made this clinic smaller in size to give special youth and young adults a chance to tryout fishing. No rods or reels are needed. We will provide hot dogs, chips and drink for meal. Fishing is Fun! will provide instructional training, fishing gear, bait and assistance with fishing. All that you need are your children and a lawn chair. Brothers and sisters are welcome but please sign them up at the same time. We will check the kids in starting at 11:15 AM at HOLMES LAKE SHELTER #1. Clinic will start at noon.

**inSOURCE**

**INDUSTRIES**  
Steve Andersen



**LINCOLN**





Autism Family Network

2023  
**AUTISM  
CONFERENCE**

SATURDAY  
**AUGUST 19**

8 AM – 5 PM

Nebraska Innovation Conference Center

2021 Transformation Dr. • Lincoln, NE

Breakfast, Lunch, and Parking Included

PRESENTERS &  
TOPICS INCLUDE:

- DHHS
- LPS
- Boystown
- Rule 51
- ABA
- Transitioning
- Special Needs  
Trusts and  
Guardianship

AND MORE!

Register today at:

**[GetMeRegistered.com/AutismConference](https://GetMeRegistered.com/AutismConference)**

Attendees – **\$30**

Vendor Booth – **\$100**

Booth & Sponsorship – **\$250**

**Scholarships Available Contact AFN for  
Details**



create



discover




learn



play



# sensory sundays

 lincoln children's museum

enjoy a sensory-friendly  
**morning of play**  
at the lincoln children's museum

the 3rd sunday of every month  
9am - 11am

**half-price admission from 9am - 11am!**

Offered to families with children who would benefit from a sensory-friendly experience and quieter setting at the Museum.

Enjoy this time to connect and make memories in exhibit spaces with lower lights, softer music, and sensory-friendly activities.

Sensory kits will also be available for check-out that include noise-reducing headphones, fidgets and more.

1420 P Street - Lincoln, NE | 402-477-4000 | [lincolnchildrensmuseum.org](http://lincolnchildrensmuseum.org)

**Josh the Otter** and  
**Autism Family Network**  
are partnering to offer



**Autism Family Network**



# WATER SAFETY LESSONS

for individuals on  
the autism spectrum.

**NOW  
ENROLLING**

Contact Kim at  
Float 4 Life  
for details.

**SCHOLARSHIPS  
AVAILABLE**

Contact AFN for  
an application.

**\$40  
PER SESSION**

- Specially trained instructors
- 1-on-1 customized lessons

**Josh the Otter // Float 4 Life // Joshua Collingsworth Foundation**

8445 EXECUTIVE WOODS DR. • LINCOLN, NE 68512

For enrollment information, contact Kim at: **402-613-5555**

For scholarship information, contact AFN at:

**402-421-0874 // AutismFamilyNetworkLincoln@gmail.com**

This project was supported in part by grant funds provided to the Nebraska Council on Developmental Disabilities through Grant #2001SCDDNE, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

## Lincoln Water Safety Program

A Collaboration between Autism Family Network and Josh the Otter



**Autism Family Network**



### Application for Financial Assistance

Client name: \_\_\_\_\_

Annual Household income: \_\_\_\_\_

(submit copy of most recent income tax)

Household size: \_\_\_\_\_

Any extenuating circumstances: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Return this form with along with copy of income tax to:

Autism Family Network 6500 Holdrege Street Lincoln NE 68505

Or via email to: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)



This scholarship covers up to \$30 of each lesson

This scholarship covers up to 20 lessons per individual.

Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson.

**Thank You for Sponsoring the 8<sup>th</sup> Annual AFN Run 2023:**



 <p><b>Step Ahead ABA</b></p> <p>We provide expert ABA therapy to individuals with Autism.</p> <ul style="list-style-type: none"><li>✓ 18 months - 21 years old.</li><li>✓ No waitlist.</li><li>✓ In-home and community-based.</li><li>✓ Evenings and weekends available.</li><li>✓ Accepting Medicaid and most commercial insurances.</li></ul>	<p><b>Interested in Services? Contact Us Today!</b></p> <p>(402)-969-6633 <a href="http://ne.stepaheadaba.com">ne.stepaheadaba.com</a> <a href="mailto:ne.intake@stepaheadaba.com">ne.intake@stepaheadaba.com</a></p> 
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**Need a checkup?  
We can't wait!**



**Now Accepting  
New Patients**

**7001 A ST STE 110**

**(402)489-0800**

**PediatricsPC.com**

# stride

AUTISM CENTERS



## ABA Therapy for Preschool Children



Communication



School Readiness



Social Skills



Play & Leisure



Self-Care



Emotional Regulation



Waiting & Transitioning

## Nebraska Locations

### ★ COMING SOON

**Omaha**  
310 Regency Pkwy #115  
Omaha, NE 68114

**West Omaha**  
2542 South 130th Avenue  
Omaha, NE 68114

**Lincoln**  
4545 S 86th St, Suite 101  
Lincoln, NE 68526

### ★ Lincoln #2

Address Coming Soon

## Sample Schedule

8:00 am	Drop Off and Group Play
8:45 am	Circle Time Socialization
9:15 am	Learning and Playing in Small Groups
9:45 am	Snack
10:00 am	1:1 Therapy
11:30 am	Lunch
12:00 pm	Quiet Time / Independent Play Skills
12:45 pm	Indoor and/or Outdoor Playground Time
1:15 pm	1:1 Therapy
2:30 pm	Small Group Activity
3:00 pm	Art and Music
3:45 pm	Home Notes
4:00 pm	Pick-up

## Scan to Begin Enrollment



To learn more or contact us:  
[www.stridecenters.com](http://www.stridecenters.com)  
(515) 207-5251  
@stridecenters



# Thank You!



Special Olympics  
Nebraska



### OUR MISSION:

Create a more inclusive environment through unified sports and activities at the collegiate level for UNL students and athletes with disabilities.

### WHAT WE DO:

- Unified Intramurals:  
Flag Football, Basketball, Soccer
- Social Meetings

### WHEN WE MEET:

Wednesdays from 5:30-6:30 on  
UNL's Campus

Contact us at  
[unlunifiedso@gmail.com](mailto:unlunifiedso@gmail.com)

And check out our Instagram!  
[@unlunified](https://www.instagram.com/unlunified)





# **VOLUNTEERS NEEDED!**

## **FOR THE NTC RESIDENTIAL PILOT PROGRAM**

- PROVIDE AFTER HOURS, NON-EMERGENCY SUPPORT FOR NEURODIVERSE STUDENTS PRACTICING INDEPENDENT LIVING SKILLS
- REMOTE, ON-CALL SUPPORT LINE SHIFTS (WORK FROM HOME!)
- HELP STUDENTS NAVIGATE DECISION-MAKING, PLANNING, CONFLICT RESOLUTION, ETC.
- TRAINING PROVIDED!
- APPLICATION AND BACKGROUND CHECK REQUIRED

**For more information:**

**Contact [volunteer@nebraskatransitioncollege.org](mailto:volunteer@nebraskatransitioncollege.org)**

**[HTTPS://WWW.NEBRASKATRANSITIONCOLLEGE.ORG/WHAT-IS-IT.HTML](https://www.nebraskatransitioncollege.org/what-is-it.html)**



# **AUTISM SERVICES OF LINCOLN**

**Early Intervention ABA Services**

1600 S 70th St Suite 100 Lincoln NE 68506

P: (402)318-3105      [www.autismservicesoflincoln.com](http://www.autismservicesoflincoln.com)



## Step Ahead ABA is now **Accepting New Families**

*Accepting New  
Clients Now!  
No Wait List!*

### **GET STARTED** on Your ABA Journey Today

**In-home and community based services:** ABA services are provided in your child's natural environment

**Flexible scheduling:** Evening and Weekend Sessions Available

**Qualifications:** All our therapists are experienced, thoroughly credentialed, vetted and screened for your safety and peace of mind

**CALL US TODAY**  
**(402) 969-6633**

[ne.stepaheadaba.com](http://ne.stepaheadaba.com)

#### **OUR SERVICE WORKS TOWARD THE FOLLOWING GOALS**

- ✓ Learning crucial life skills
- ✓ Reducing problem behaviors
- ✓ Building up inherent strengths
- ✓ Developing social and communication skills

#### **Serving the Following Cities:**

Omaha, Lincoln, and surrounding areas

*We Accept Medicaid and most commercial plans*



#### **CONNECT TODAY!**

**Alexis Parrish | Client Outreach Specialist**  
**Step Ahead ABA**

e: [Ne.intake@stepaheadaba.com](mailto:Ne.intake@stepaheadaba.com)

p: (888) 238-1818 ext. 318

f: 1-855-915-1521



# Project Lifesaver

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.

Battery change dates: May 7<sup>th</sup> 2023 and June 25<sup>th</sup> 2023



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In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

**Diane K.Stewart**

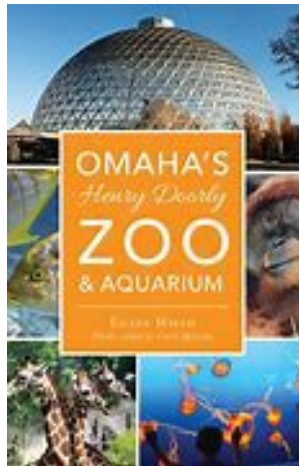
*Enable Outreach Specialist*

First National Bank

[www.EnableSavings.com](http://www.EnableSavings.com) [[facebook.com](https://www.facebook.com/enable4)] 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • ☎ 402.602.3596 • 📠 402.938.5200





## **FREE PASS TO THE ZOO**

**AFN HAS A FREE FAMILY PASS TO OMAHA'S HENRY DOORLY ZOO AND AQUARIUM. THIS PASS MAY BE CHECKED OUT BY FAMILIES WITH SPECIAL NEEDS DURING 2023. PLEASE CONTACT AFN TO FIND OUT IF THE PASS IS AVAILABE**

[AustimFamilyNetworkLincoln@gmail.com](mailto:AustimFamilyNetworkLincoln@gmail.com)



# Pediatric Therapy

## Helping Kids Achieve Their Milestones

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

### **Our Areas of Specialty Include:**

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment

The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015.

This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.

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<http://www.legalaidofnebraska.org>

**LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A  
LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR  
SUFFERING A  
FALL INTO DEEPER POVERTY.**

*In everything we do, for everyone in Nebraska: we make equal justice happen.*

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19<sup>th</sup> St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

**Behaven Kids Lincoln**

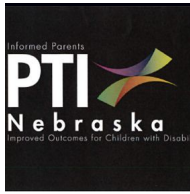
1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

[info@behavenkids.com](mailto:info@behavenkids.com)

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## PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

[info@pti-nebraska.org](mailto:info@pti-nebraska.org) [www.pti-nebraska.org](http://www.pti-nebraska.org)

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now.

Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en>. Contact the Autism Family Network with any questions you may have regarding the waiver at [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com) or at 402-421-0874.