



# Autism Family Network

[www.AutismFamilyNetwork.org](http://www.AutismFamilyNetwork.org)

[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

**February 11<sup>th</sup>-Music Club**

**February 13<sup>th</sup>- Valentines Day Dance (more details coming soon)**

**February 21<sup>st</sup>- Adult Autism Support Group**

**February 25<sup>th</sup>-Young Adult Art Club**

**March 7<sup>th</sup>- Support Group**

**March 11<sup>th</sup>- Music Club**

**March 25<sup>th</sup>-Young Adult Art Club**

**Join us for the Autism Run 2026 on April 25<sup>th</sup>**

**See flyer for details on registration**



**AFN**

# **Musical Arts Social Club**

Second Wednesday of every month  
6:30pm

**New Location:  
Music Studio LNK  
4220 S. 33rd Street Lincoln, NE**

**RSVP:**

**[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**

**Next Session: February 11<sup>th</sup> and March 11th**



## O.N.E. COALITION SENSORY FRIENDLY VALENTINES DANCE

**FRIDAY  
FEBRUARY 13, 2026  
6:30-8:00 PM**  
St Marks United Methodist Church  
8550 Pioneers Blvd, Lincoln

A time for teens and adults with disabilities to enjoy fun dance  
and practice social skills in a sensory friendly environment!



### O.N.E Coalition Organizations

ARC of Lincoln, Autism Center of Nebraska, Autism Family Network, Autism Society of Nebraska,  
Down Syndrome Advocates in Action Nebraska, Down Syndrome Association for Families,  
Enable Savings Plan, Josh the Otter, Nebraska Spina Bifida, United Cerebral Palsy of Nebraska



REGISTRATION REQUIRED AT  
[onecoalition.weebly.com](http://onecoalition.weebly.com)

Questions? Email  
[huskerheroes@gmail.com](mailto:huskerheroes@gmail.com)

# ADULT AUTISM SUPPORT GROUP (PILOT)

A SUPPORTIVE, LOW-PRESSURE SPACE FOR ADULTS  
WITH AUTISM TO CONNECT, SHARE EXPERIENCES, AND  
BUILD COMMUNITY.

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Autism Family Network is hosting a pilot support group for adults with autism (18+). This group is designed to be inclusive, respectful, and flexible, with no pressure to speak or participate in any specific way. Whether you are newly diagnosed, self-identified, or have known for years, you are welcome here.

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**Date:** Saturday, February 21

**Time:** 2:00 - 3:30 pm

**Location:** Autism Family Network Office  
307 N 46th St, Lincoln, NE 68503

**RSVP/Questions:** [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

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## What to Expect

- Small-group discussion with clear structure
- A calm, welcoming environment
- Option to participate at your own comfort level
- No expectation to share personal details

Questions or accessibility needs can be shared when you RSVP.

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Hosted by Autism Family Network



**AFN AND URBAN LEGENDS ART  
STUDIO**

**YOUNG ADULT ART  
SOCIAL CLUB**

URBAN LEGENDS ART STUDIO  
2632 NORTH 48TH STREET

**\$5 DOLLAR PER SESSION**

**4TH WEDNESDAY OF EVERY  
MONTH  
6:30-7:45PM**

**AFN BOARD MEMBERS WILL BE  
PRESENT FOR DISCUSSION  
WITH CAREGIVERS**

**CLASS SIZE IS LIMITED SO PRE REGISTER**

**PLEASE**

**RSVP:**

**AUTISMFAMILYNETWORKLINCOLN@GMAIL.COM**



**Next Session: February 25<sup>th</sup> and March 25th**

# AUTISM RUN 2026

APRIL 25TH  
SANDHILLS GLOBAL  
EVENT CENTER

8:00A REGISTRATION  
9:00A RUN START  
10:30A KIDS RUN



GetMeRegistered.com/  
RunForAutism5K

READY...SET...GLOW!!!

# **AFN Support Group**

**For families affected by  
developmental  
disabilities**

**Meet with AFN board members for open  
discussion**

**Location: 307 N. 46th Street Lincoln, NE**

**RSVP:**

**[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**

**Next Support Group: March 7th**

YMCA Of Lincoln &  
Spirit Soccer Club  
Presents:



# TOPSoccer

TOPSoccer is specifically designed for kids with physical or developmental disabilities that may require extra assistance. Players will be assisted by buddies who will teach, assist, and play with participants during drills and games.

**\$35 YMCA MEMBER**  
**\$50 COMMUNITY MEMBER**

- ✓ Skills & ball techniques
- ✓ T-shirt included
- ✓ Turf field playing surface
- ✓ Fun games & trial matches



**TUESDAYS, APRIL 7 - MAY 5**  
**6:00PM - 7:00PM**  
**REGISTRATION DEADLINE: MARCH 2**

Program Location:  
LPS Southeast Activities Complex at  
Standing Bear HS  
11100 S. 70<sup>th</sup> St., Lincoln NE 68516

☎ 402-434-9216

✉ [ccantwell@ymcalincoln.org](mailto:ccantwell@ymcalincoln.org)

🌐 [www.ymcalincoln.org](http://www.ymcalincoln.org)

Register Online At:  
[www.ymcalincoln.org](http://www.ymcalincoln.org)



Join us for an all abilities workout class presented by

LP Fitness and AFN

AGES 13 & OLDER

**SUNDAYS @ 1:00pm**

LOCATION: LP FITNESS

200 NORTH 66<sup>TH</sup> STREET

**SUITE 207**

**RSVP NOW TO RESERVE YOUR SPOT:**

[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

**Total Cost: \$80 per month**

**Participant will pay \$50 a month and AFN will cover  
\$30 a month!**

**Contact AFN for scholarship opportunities**

**SMALL CLASS SIZES- 10 PER CLASS**

**\*caregiver must remain on site during class\***

## Lincoln Water Safety Program

A Collaboration between Autism Family Network and Josh the Otter



**Autism Family Network**



### Application for Financial Assistance

Client name: \_\_\_\_\_

Annual Household income: \_\_\_\_\_

(submit copy of most recent income tax)

Household size: \_\_\_\_\_

Any extenuating circumstances: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Return this form with along with copy of most current income tax to:

Autism Family Network 307 North 46<sup>th</sup> Street Lincoln NE 68503

Or via email to: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

This scholarship covers up to \$30 of each lesson.

This scholarship covers up to 20 lessons per individual. Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson

Thank you to our generous sponsors who supported  
the 10<sup>th</sup> annual Capital City Autism Run 2025:





**UBT**

Union Bank & Trust.

Feel good  
banking means  
*lifting our  
communities.*

Feel good banking.



[ubt.com/impact](http://ubt.com/impact)

Member FDIC



**AUTISM SERVICES**  
— OF LINCOLN —



**360 Behavioral  
Horizons**

*360 Behavioral Health family of providers*

**Baxter**



**TOYOTA**

LINCOLN

**BLOOMWELL**

Autism Therapy

@reallygreatsite

PROUDLY PROVIDING SERVICES THROUGHOUT  
THE STATE OF NEBRASKA!



**Empowering Children Building Futures**

THROUGH ABA THERAPY

In-home - School - Center based

### **Omaha Centers:**

10830 Old Mill Rd STE 101  
Omaha, NE 68154

14210 Hillsdale Cir  
Omaha, NE 68137

9802 Nicholas St STE 395  
Omaha, NE 68114

8656 F St  
Omaha, NE 68127

12915 W Dodge Rd  
Omaha, NE 68154

4912 Shannon Dr  
Bellevue, NE 68133

### **Lincoln Centers:**

4949 NW 1<sup>st</sup> St  
Lincoln, NE 68521

6333 Apples Way STE 117  
Lincoln, NE 68156

[www.abtaba.com](http://www.abtaba.com) | 402-252-1363 | [info@abtaba.com](mailto:info@abtaba.com)



**stride** AUTISM  
CENTERS



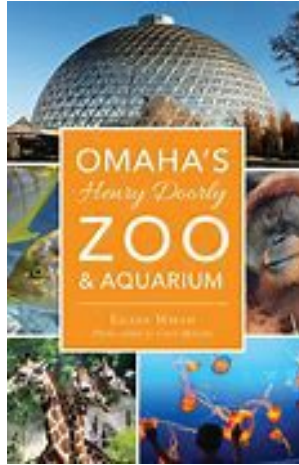
@reallygreatsite



**AFN OFFERS A FREE  
FAMILY PASS TO  
BEE ME SENSORY GYM  
1501 PINE LAKE ROAD**

**RESERVATION REQUIRED:**  
PLEASE CALL: 531-310-5962  
TO RESERVE YOUR DAY

**FAMILIES CAN RESERVE THE PASS ONCE PER  
MONTH**



**AFN has a free family pass to the Omaha Henry Doorly Zoo. This is a virtual pass that 1 family can check out per day.**

**Please contact AFN to see if the pass is available and reserve your day! Once you reserve your day you will receive instructions on how to utilize the pass and check in at the zoo**

**[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)**





## Free Family Pass to Lincoln Children's Museum

AFN has a free pass to Children's Museum available for families. Please contact AFN to reserve the pass for a day.

[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)