



Autism Family Network

www.AutismFamilyNetwork.org

autismfamilynetworklincoln@gmail.com

February 11th-Music Club

February 13th- Valentines Day Dance (more details coming soon)

February 21st- Adult Autism Support Group

February 25th-Young Adult Art Club

March 7th- Support Group

March 11th- Music Club

March 25th-Young Adult Art Club

Join us for the Autism Run 2026 on April 25th

See flyer for details on registration



Autism Family Network

AFN

Musical Arts Social Club

Second Wednesday of every month
6:30pm



**New Location:
Music Studio LNK
4220 S. 33rd Street Lincoln, NE**

RSVP:



autismfamilynetworklincoln@gmail.com

Next Session: February 11th and March 11th



O.N.E. COALITION SENSORY FRIENDLY VALENTINES DANCE

A time for teens and adults with disabilities to enjoy fun dance
and practice social skills in a sensory friendly environment!



O.N.E Coalition Organizations

ARC of Lincoln, Autism Center of Nebraska, Autism Family Network, Autism Society of Nebraska,
Down Syndrome Advocates in Action Nebraska, Down Syndrome Association for Families,
Enable Savings Plan, Josh the Otter, Nebraska Spina Bifida, United Cerebral Palsy of Nebraska



REGISTRATION REQUIRED AT
onecoalition.weebly.com

Questions? Email
huskerheroes@gmail.com

ADULT AUTISM SUPPORT GROUP (PILOT)

A SUPPORTIVE, LOW-PRESSURE SPACE FOR ADULTS
WITH AUTISM TO CONNECT, SHARE EXPERIENCES, AND
BUILD COMMUNITY.

Autism Family Network is hosting a pilot support group for adults with autism (18+). This group is designed to be inclusive, respectful, and flexible, with no pressure to speak or participate in any specific way. Whether you are newly diagnosed, self-identified, or have known for years, you are welcome here.

Date: Saturday, February 21

Time: 2:00 - 3:30 pm

Location: Autism Family Network Office
307 N 46th St, Lincoln, NE 68503

RSVP/Questions: autismfamilynetworklincoln@gmail.com

What to Expect

- Small-group discussion with clear structure
- A calm, welcoming environment
- Option to participate at your own comfort level
- No expectation to share personal details

Questions or accessibility needs can be shared when you RSVP.



Hosted by Autism Family Network



AFN AND URBAN LEGENDS ART STUDIO

YOUNG ADULT ART SOCIAL CLUB

URBAN LEGENDS ART STUDIO
2632 NORTH 48TH STREET

\$5 DOLLAR PER SESSION

4TH WEDNESDAY OF EVERY
MONTH
6:30-7:45PM

AFN BOARD MEMBERS WILL BE
PRESENT FOR DISCUSSION
WITH CAREGIVERS

CLASS SIZE IS LIMITED SO PRE REGISTER
PLEASE
RSVP:

AUTISMFAMILYNETWORKLINCOLN@GMAIL.COM



Next Session: February 25th and March 25th

AUTISM RUN 2026

APRIL 25TH
SANDHILLS GLOBAL
EVENT CENTER

8:00A REGISTRATION
9:00A RUN START
10:30A KIDS RUN



GetMeRegistered.com/
RunForAutism5K

READY...SET...GLOW!!!

AFN Support Group

For families affected by developmental disabilities

Meet with AFN board members for open discussion

Location: 307 N. 46th Street Lincoln, NE
RSVP:

autismfamilynetworklincoln@gmail.com

Next Support Group: March 7th

YMCA Of Lincoln &
Spirit Soccer Club
Presents:



TOPSoccer

TOPSoccer is specifically designed for kids with physical or developmental disabilities that may require extra assistance. Players will be assisted by buddies who will teach, assist, and play with participants during drills and games.

**\$35 YMCA MEMBER
\$50 COMMUNITY MEMBER**

- Skills & ball techniques
- T-shirt included
- Turf field playing surface
- Fun games & trial matches

**TUESDAYS, APRIL 7 - MAY 5
6:00PM - 7:00PM
REGISTRATION DEADLINE: MARCH 2**

Program Location:
LPS Southeast Activities Complex at
Standing Bear HS
11100 S. 70th St., Lincoln NE 68516

Register Online At:
www.ymcalincoln.org

402-434-9216

ccantwell@ymcalincoln.org

www.ymcalincoln.org





LP FITNESS
TRANSFORMATION CENTER
FITNESS | NUTRITION | ACCOUNTABILITY



Autism Family Network

Join us for an all abilities workout class presented by
LP Fitness and AFN
AGES 13 & OLDER

SUNDAYS @ 1:00pm

LOCATION: LP FITNESS
200 NORTH 66TH STREET
SUITE 207

RSVP NOW TO RESERVE YOUR SPOT:
autismfamilynetworklincoln@gmail.com

Total Cost: \$80 per month
Participant will pay \$50 a month and AFN will cover
\$30 a month!

Contact AFN for scholarship opportunities
SMALL CLASS SIZES- 10 PER CLASS

caregiver must remain on site during class

Lincoln Water Safety Program

A Collaboration between Autism Family Network and Josh the Otter



Autism Family Network

Application for Financial Assistance

Client name: _____

Annual Household income: _____

(submit copy of most recent income tax)

Household size: _____

Any extenuating circumstances: _____

Phone: _____ Email: _____

Return this form with along with copy of most current income tax to:

Autism Family Network 307 North 46th Street Lincoln NE 68503

Or via email to: autismfamilynetworklincoln@gmail.com

This scholarship covers up to \$30 of each lesson.

This scholarship covers up to 20 lessons per individual. Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson

Thank you to our generous sponsors who supported
the 10th annual Capital City Autism Run 2025:





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Autism Therapy

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THE STATE OF NEBRASKA!**



Empowering Children Building Futures
THROUGH ABA THERAPY
In-home - School - Center based

Omaha Centers:

10830 Old Mill Rd STE 101
Omaha, NE 68154

14210 Hillsdale Cir
Omaha, NE 68137

9802 Nicholas St STE 395
Omaha, NE 68114

8656 F St
Omaha, NE 68127

12915 W Dodge Rd
Omaha, NE 68154

4912 Shannon Dr
Bellevue, NE 68133

Lincoln Centers:

4949 NW 1st St
Lincoln, NE 68521

6333 Apples Way STE 117
Lincoln, NE 68156

www.abtaba.com | 402-252-1363 | info@abtaba.com



LINCOLN PARKS
FOUNDATION

We love our parks.

@reallygreatsite

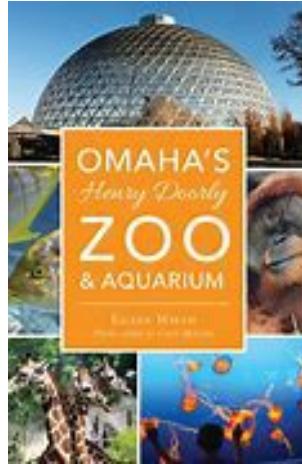




**AFN OFFERS A FREE
FAMILY PASS TO
BEE ME SENSORY GYM
1501 PINE LAKE ROAD**

**RESERVATION REQUIRED:
PLEASE CALL: 531-310-5962
TO RESERVE YOUR DAY**

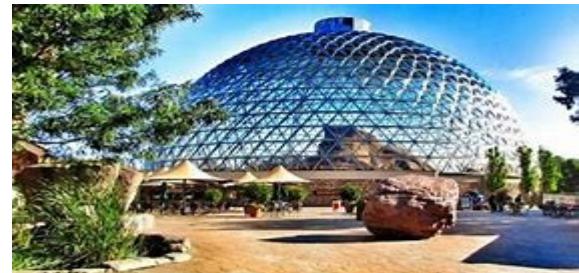
**FAMILIES CAN RESERVE THE PASS ONCE PER
MONTH**



AFN has a free family pass to the Omaha Henry Doorly Zoo. This is a virtual pass that 1 family can check out per day.

Please contact AFN to see if the pass is available and reserve your day! Once you reserve your day you will receive instructions on how to utilize the pass and check in at the zoo

AutismFamilyNetworkLincoln@gmail.com





Free Family Pass to Lincoln Children's Museum

AFN has a free pass to Children's Museum available for families. Please contact AFN to reserve the pass for a day.

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