



Autism Family Network

www.AutismFamilyNetwork.org

autismfamilynetworklincoln@gmail.com

402-421-0874

October 1st - Support Group

October 2nd Spaghetti Fundraiser St. John's 76th and Vine

October 16th Halloween Party at Deer Springs Winery

October 16th - Trunk or Treat

October 21st - Drive Thru Trunk or Treat

October 26th - Young Adult Art Social Club

October 27th - Trunk or Treat

October 28th - Autism Conference

What: AFN Support Group

When: October 1st at 10:00am

Where: AFN Office

6500 Holdrege Street

Guest Speaker: Julianne Spitz

Topic: Guardianship/Special Needs Trust

Meet with AFN Board Members

Resource Sharing

RSVP: autismfamilynetworklincoln@gmail.com



Autism Family Network

Spaghetti Lunch Fundraiser



Join us Sunday October 2nd

11-2

St. John's Gymnasium

7601 Vine Street

\$10 adult 12 and older

\$7 child

\$35 family

(Bake sale items sold separately)

-Hosted by the St. John's Knights of Columbus



Autism Family Network



Join AFN at our annual Halloween Party!

Sunday October 16th

11-1pm

@ Deer Springs Winery 162nd and Adams

Decorate a pumpkin, take a hayrack ride,

Have some smores by the fire

Free Lunch provided by AFN!

Rsvp required:

autismfamilynetworklincoln@gmail.com



THE LINCOLN RITECARE CLINIC INVITES YOU
TO A SPOOKTACULAR

TRUNK
or
TREAT

SUNDAY, OCTOBER 16, 2022
3:30 – 5:30 P.M.

LINCOLN SCOTTISH RITE MASONIC CENTER
332 CENTENNIAL MALL SOUTH | LINCOLN, NEBRASKA



UNIVERSITY OF NEBRASKA MEDICAL CENTER
MUNROE-MEYER INSTITUTE



UNMC Student Alliance For People of All Abilities *presents the third annual*



Drive-Thru

Trunk or Treat

Designed for children & young adults with special needs & their families



Friday, October 21

5:30 - 7:30 p.m.

UNMC College of Dentistry

UNL East Campus (40th & Holdrege) - East side parking lot

Children and parents will remain in cars. There will be themed trunks and characters as cars are directed through the parking lot. Decorations and costumes will be sensory friendly.

Volunteers will hand out a small bag with candy or an allergy-friendly bag with non-food items as you exit the parking lot.

For questions, email: anne.steffen@unmc.edu



Autism Family Network

is partnering with **Lincoln Arts Council**
and **Urban Legends Art Studio**
to host:

YOUNG ADULT ART SOCIAL CLUB

for individuals with special needs.

\$5 PER SESSION • 4th Wednesday Each Month • 6:30 - 7:45 PM

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

Class size is limited, so please preregister by emailing AFN at:

AutismFamilyNetworkLincoln@gmail.com

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



Next Date: October 26th 6:30-7:45pm

1st Annual

MORROW

COLLISION CENTER

TRUNK *or* TREAT

**FUN
&
FREE
Indoor
EVENT**

**27
OCT**

2801 N. 83rd St.,
Lincoln, NE 68507

5:30 - 6PM
Sensory Friendly Experience

6PM - 8PM



MORROW COLLISION CENTER

ALONG WITH AMAZING LINCOLN BUSINESSES HAVE TEAMED UP FOR A
FAMILY FUN EVENING OF FOOD, DRINK, GAMES AND CANDY GALORE!

2022 KIDS & DREAMS

AUTISM CONFERENCE · OCTOBER 28th
YOUNES CONFERENCE CENTER · KEARNEY, NE.

Created especially for families and anyone who desires to understand more about Autism Spectrum Disorders and options to help those individuals.



KEYNOTE SPEAKER Kate Swenson

Kate Swenson, the founder of Finding Cooper's Voice and nonprofit, The More Than Project, is a mother to four kids, a wife, and a proud Minnesotan. She writes and creates videos regularly about her life as a mother and an autism advocate for Facebook, Instagram, and her website, Finding Cooper's Voice.

Her book, *Forever Boy: A Mother's Memoir of Autism and Finding Joy*, is available now and highlights the transformation that she went through after her son's diagnosis.



The first 50 attendees to register will receive a free copy of Kate's book *Forever Boy*!

www.kidsanddreams.org

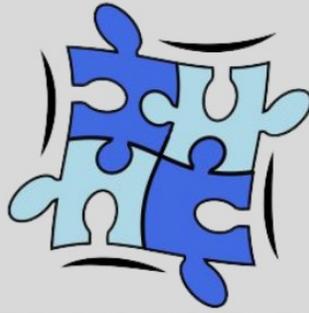
More info at: www.kidsanddream.org



Autism Family Network



**Remember to support Autism Family Network of Lincoln through
Amazon Smile.**



AUTISM SERVICES OF LINCOLN

Early Intervention ABA Services

1600 S 70th St Suite 100 Lincoln NE 68506

P: (402)318-3105

www.autismservicesoflincoln.com



Project Lifesaver

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.



In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

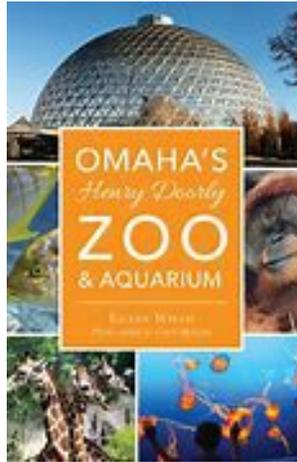
Diane K. Stewart

Enable Outreach Specialist

First National Bank

www.EnableSavings.com [[facebook.com](https://www.facebook.com/1.844.ENABLE4)] 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • 📞 402.602.3596 • 📠 402.938.5200



FREE PASS TO THE ZOO

AFN HAS A FREE FAMILY PASS TO OMAHA'S HENRY DOORLY ZOO AND AQUARIUM. THIS PASS MAY BE CHECKED OUT BY FAMILIES WITH SPECIAL NEEDS DURING 2022. PLEASE CONTACT AFN TO FIND OUT IF THE PASS IS AVAILABE AND WHERE YOU CAN PICK IT UP

AustimFamilyNetworkLincoln@gmail.com



Pediatric Therapy

Helping Kids Achieve Their Milestones

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

Our Areas of Specialty Include:

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment

The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015.

This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.



<http://www.legalaidofnebraska.org>

**LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A
LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR
SUFFERING A
FALL INTO DEEPER POVERTY.**

In everything we do, for everyone in Nebraska: we make equal justice happen.

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19th St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016

HORSES FOR HEALING

Equine Therapy & Research Center | Firth, Nebraska

Horses for Healing was formed by a group of horse professionals, parents, teachers and healthcare specialists with the belief that there are people in our community who can benefit from the unique **healing power of horses**.

While our first priority is to serve people, we also place value on providing **evidence-based research** to back the activities our riders engage in. We are collaborating with colleges and healthcare systems to improve the quality of the research in the benefits of equine therapy.

Phone: 402-730-1176

Email: horsesforhealingne@gmail.com

Facebook: [facebook.com/horsesforhealingNE/](https://www.facebook.com/horsesforhealingNE/)



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

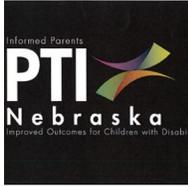
Behaven Kids Lincoln

1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

info@behavenkids.com



PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

info@pti-nebraska.org www.pti-nebraska.org

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now.

Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en> . Contact the Autism Family Network with any questions you may have regarding the waiver at autismfamilynetworklincoln@gmail.com or at 402-421-0874.



UNIVERSITY OF NEBRASKA MEDICAL CENTER™
MUNROE-MEYER INSTITUTE

Improving Parents As Communication Teachers



COACH

Your coach will help you learn how to increase your child's social communication through teaching, modeling and feedback.

CAREGIVER

As a parent or caregiver of a child with autism spectrum disorder or other developmental delay, your role will be to learn intervention strategies to use during your daily routines and interactions with your child in the home and in the community.

CHILD

This program is designed to encourage your child's skills in four areas:

- social engagement
- communication
- imitation
- play

To learn more, call our clinic number at 402-472-0642 and press 1 to be scheduled for a screening (please ask to be scheduled at the Lincoln RiteCare Clinic.) If your child has not had a speech-language evaluation at RiteCare or Munroe-Meyer Institute within the past 6 months, an evaluation may need to be scheduled with you and your child prior to starting the program.

WHAT

Project ImPACT is an individualized caregiver coaching program offered by an ASHA Certified Speech-Language Pathologist

WHERE

Lincoln RiteCare Clinic



RiteCare Clinics



The Munroe-Meyer Institute's RiteCare Clinics provide state-of-the-art individual and group speech, language and communication interventions to children without regard for the family's ability to pay.

How to learn more:

Website: unmc.edu/mmi/services/speech/ritecare

Phone: 402-559-6418



Scan with your
phone's camera app.