



Autism Family Network

www.AutismFamilyNetwork.org

autismfamilynetworklincoln@gmail.com

402-421-0874

March 2nd - Support Group

March 9th - Young Child Art

March 10th - Prehistoric Putt

March 13th - Music Club

March 23rd - Easter Party

March 27th - Young Adult Art

Save The Date:

April 13th - AFN Autism Run

AFN

**SUPPORT GROUP SATURDAY
MARCH 2ND @10AM
AFN OFFICE
307 NORTH 46TH STREET**

**Topic: Open Discussion
Meet with AFN Board
Members**

RSVP:

autismfamilynetworklincoln@gmail.com





CHILDREN'S ART + SOCIAL GROUP

Ages 5 to 12 (Accompanied by an adult)



Autism Family Network

in partnership with Lincoln Arts Council
and Urban Legends Art Studio



\$5 PER SESSION • 2nd Saturday Each Month • 1:00 PM

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

Snacks Provided!

CONTACT

urbanlegendsartclasses@gmail.com
To plan supplies - seating is limited

Next Session: March 9th



JOIN US FOR DINO-MITE FUN

March 10th 2024

PREHISTORIC PUTT PUTT
1919 CORNHUSKER HWY
LINCOLN, NE
1-3PM

RSVP Required:
autismfamilynetworklincoln@gmail.com



Autism Family Network



Musical Arts Social Club

AFN is proudly hosting in
partnership with Music Studio
LNK and Lincoln Arts Council

Second Wednesday of every month
6:30pm



Location :

**Foundry Space
211 N. 14th Street
Lincoln, NE
2nd floor**

**Additional parking
available in Larson
Building Garage**



RSVP:

autismfamilynetworklincoln@gmail.com

Next Session: March 13th



YOU'RE INVITED TO JOIN OUR

Easter Party

MARCH 23RD 2024

10AM-12PM

BAXTER TOYOTA

8600 S. 33RD STREET

BALLOON ARTIST, FACE PAINTING,
BEAN BOX COFFEE TRUCK AND MORE

RSVP-
autismfamilynetworklincoln@gmail.com



Autism Family Network

is partnering with **Lincoln Arts Council**
and **Urban Legends Art Studio**
to host:

YOUNG ADULT ART SOCIAL CLUB

for individuals with special needs.

\$5 PER SESSION • 4th Wednesday Each Month • 6:30 - 7:45 PM

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

Class size is limited, so please preregister by emailing AFN at:

AutismFamilyNetworkLincoln@gmail.com

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



**LINCOLN ARTS
UPSTART**

**Urban
Legends
Art Studio**

Next Session: March 27th

9th ANNUAL CAPITAL CITY

AUTISM RUN

SATURDAY APRIL 13

SANDHILLS GLOBAL EVENT CENTER
4100 NORTH 84th ST. • LINCOLN, NE

FREE T-SHIRT for runners
who register by March 27

ALL RUNNERS & AGES WELCOME
Prizes for race winner and best outfit

Register today at
**GetMeRegistered.com/
RunForAutism5K**



Autism Family Network

For sponsorship information, contact AFN at:

AutismFamilyNetworkLincoln@gmail.com

402-421-0874



Autism Family Network

Sponsorship Form: Run Date: April 13, 2024

Thank you for your interest in sponsoring the 9th Annual Autism Family Network Autism Run. Please see the below sponsorship opportunities. We thank you in advance for your generous contribution which is tax deductible: **Tax ID #: 76-0842403**

Diamond Sponsor - \$5000

- Everything mentioned in Platinum plus...
- AFN insulated cup and jacket
- 12 total Complimentary race entries
- Full page ad in our newsletter
- Complimentary 4x8 banner supplied by AFN

Platinum Sponsor - \$2500

- Everything mentioned in Gold plus...
- 10 total Complimentary race entries
- Half page ad in our newsletter
- Complimentary 2.5x 6 banner supplied by AFN

Gold Sponsor - \$1000

- Everything mentioned in Silver plus...
- 6 total Complimentary race entries
- Business card size ad in our newsletter
- Complimentary AFN hoodie
- 2 run route signs

Silver Sponsor - \$500 (or items of equal value)

- Everything mentioned in Bronze plus...
- Space available to set up and distribute corporate material
- 4 total Complimentary race entries
- Sign along run route

Bronze Sponsor - \$300 (or items of equal value)

- Company or individual name displayed on AFN website, Facebook, Twitter
- Company name on the LED sign show at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- 2 Complimentary race entries

Friend of AFN- \$150



Autism Family Network

- Media and website mention
- 1 complimentary race entry

Thank you for your interest in sponsoring the 2024 Autism Family Network Autism Run. Please fill out this form and return it to 307 N 46th St, Lincoln, NE 68503 or email to autismfamilynetworklincoln@gmail.com.

Please make checks payable to Autism Family Network or pay via PayPal, credit card, or clicking Donate on our homepage located at autismfamilynetwork.org.

Business/Sponsor Name:

Address (include city/state/zip):

Daytime Phone: _____ **Email:** _____

Have you enclosed your logo? (Please circle) **Y or N**

If not, please email your logo to autismfamilynetworklincoln@gmail.com by March 25th, 2024.

*Logos and artwork must be provided by sponsors in print ready pdf files. Publisher and Word files are not accepted.

Sponsorship Level (please check level and list shirt sizes if applicable):

- | | |
|--|--------------------------------------|
| • Diamond- \$5000 (12 shirts available) | • Silver- \$500 (4 shirts available) |
| • Platinum- \$2500 (10 shirts available) | • Bronze- \$300 (2 shirts available) |
| • Gold- \$1000 (6 shirts available) | • Friend- \$150 (1 shirt available) |

Number of each shirt size:

Adult:

XL _____ L _____ M _____ S _____ XS _____

Youth:

XL _____ L _____ M _____ S _____ XS _____

Signature: _____

Runner Registration Form

- Name:
- Email:
- Address:
- Phone:
- Age:
- Shirt size:
- Child \$20____ Adult \$30____ Circle of friends group (school aged only) \$20____

Needs to be received by March 27th, 2024, to be guaranteed a shirt.

Please send the completed registration form to:

AFNLincoln, 307 North 46th street, Lincoln NE 68503

Or via email: autismfamilynetworklincoln@gmail.com

Prizes are awarded for the best costume, as well as place winners in each runner category.

Liability waiver: I agree that if I participate in this physical activity, program and/or event, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities/premises and assume all risk of injury, illness, damage or loss to me or my property that might result from entering this event. I hereby consent to receive medical treatment in the event of injury, illness, or accident during the event. I hereby, for myself, my executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive a release all event sponsors, charities, volunteers, and the city of Lincoln and the Sandhills Global Event Center. The signing of this release waiver extends to all claims seen and unforeseen against any party associated with this event.

Signature of registrant: _____

Event information:

Saturday April 13th

8:00 registration begins.

9:00 5k begins.

10:00 children's race begins.

Sandhills Global Event Center

4100 North 84th street

Lincoln NE 68505

**Josh the Otter and
Autism Family Network**
are partnering to offer



Autism Family Network



WATER SAFETY LESSONS

**for individuals on
the autism spectrum.**

**NOW
ENROLLING**

Contact Kim at
Float 4 Life
for details.

**SCHOLARSHIPS
AVAILABLE**

Contact AFN for
an application.

\$40

PER SESSION

- **Specially trained instructors**
- **1-on-1 customized lessons**

Josh the Otter // Float 4 Life // Joshua Collingsworth Foundation

8445 EXECUTIVE WOODS DR. • LINCOLN, NE 68512

For enrollment information, contact Kim at: **402-613-5555**

For scholarship information, contact AFN at:

402-421-0874 // AutismFamilyNetworkLincoln@gmail.com

This project was supported in part by grant funds provided to the Nebraska Council on Developmental Disabilities through Grant #2001SCDDNE, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

A Collaboration between Autism Family Network and Josh the Otter



Autism Family Network



Application for Financial Assistance

Client name: _____

Annual Household income: _____

(submit copy of most recent income tax)

Household size: _____

Any extenuating circumstances: _____

Phone: _____ Email: _____

Return this form with along with copy of income tax to:

Autism Family Network 6500 Holdrege Street Lincoln NE 68505

Or via email to: autismfamilynetworklincoln@gmail.com

This scholarship covers up to \$30 of each lesson

This scholarship covers up to 20 lessons per individual.

Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson



AUTISM SERVICES OF LINCOLN

Early Intervention ABA Services

1600 S 70th St Suite 100 Lincoln NE 68506

P: (402)318-3105

www.autismservicesoflincoln.com



Step Ahead ABA

Autism Therapy

In-Home and Community Based.

402-374-9097

Use below QR CODE to visit our web site.



18 months - 21 years old.
No waitlist.
In-home and community-based.
Evenings and weekends available.
Accepting Medicaid and most commercial insurances.



Project Lifesaver

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the

community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.

Battery change dates: May 7th 2023 and June 25th 2023



In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

Diane K.Stewart

Enable Outreach Specialist

First National Bank

www.EnableSavings.com [[facebook.com](https://www.facebook.com/1.844.ENABLE4)] 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • 📞 402.602.3596 •

📞 402.938.5200



FREE PASS TO THE ZOO

AFN has a free family pass to Omaha Henry Doorly Zoo. This pass is available to check out during 2024. Please contact AFN to see if the pass is available and reserve your day!

AustimFamilyNetworkLincoln@gmail.com





Free Family Pass to Lincoln Children's Museum

AFN has a free pass to Children's Museum available for families. Please contact AFN to reserve the pass for a day.

AustimFamilyNetworkLincoln@gmail.com

Pediatric Therapy

Helping Kids Achieve Their Milestones

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

Our Areas of Specialty Include:

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment

The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015.

This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.



<http://www.legalaidofnebraska.org>

**LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A
LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR
SUFFERING A
FALL INTO DEEPER POVERTY.**

In everything we do, for everyone in Nebraska: we make equal justice happen.

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem

solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all

the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19th St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

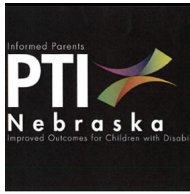
Behaven Kids Lincoln

1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

info@behavenkids.com



PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

info@pti-nebraska.org www.pti-nebraska.org

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now. Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en> . Contact the Autism Family Network with any questions you may have regarding the waiver at autismfamilynetworklincoln@gmail.com or at 402-421-0874.