



# Autism Family Network

[www.AutismFamilyNetwork.org](http://www.AutismFamilyNetwork.org)

[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

**402-421-0874**

**April 3<sup>rd</sup>- Dine out Night @ Panda Express**

**April 6<sup>th</sup>- Support Group**

**April 6<sup>th</sup>- Young Child Art Club(date changed due to AFN run)**

**April 10<sup>th</sup>- Music Club**

**April 13<sup>th</sup>- AFN Autism Run**

**April 14<sup>th</sup>- Project Lifesaver Battery Change**

**April 23<sup>rd</sup>- Dine out @ Don&Millies**

**April 24<sup>th</sup>- Young Adult Art Club**

**April 29<sup>th</sup>- Project Lifesaver Educational Meeting**

**AFN**



**DINE  
OUT  
NIGHT**

**PANDA EXPRESS  
APRIL 3RD**

**1540 PINELAKE RD**

**5-8PM**

**20% OF ALL SALES DONATED  
TO AFN**

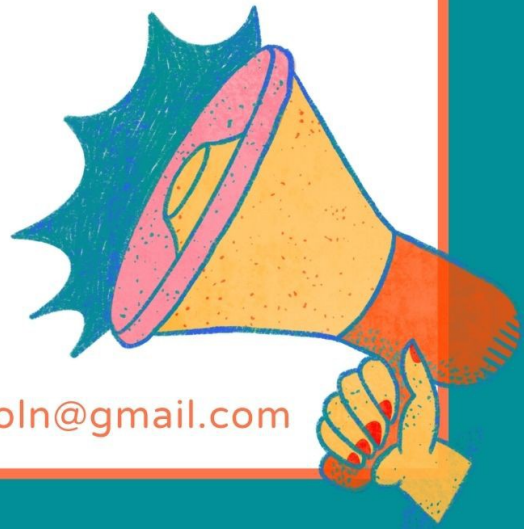
AFN

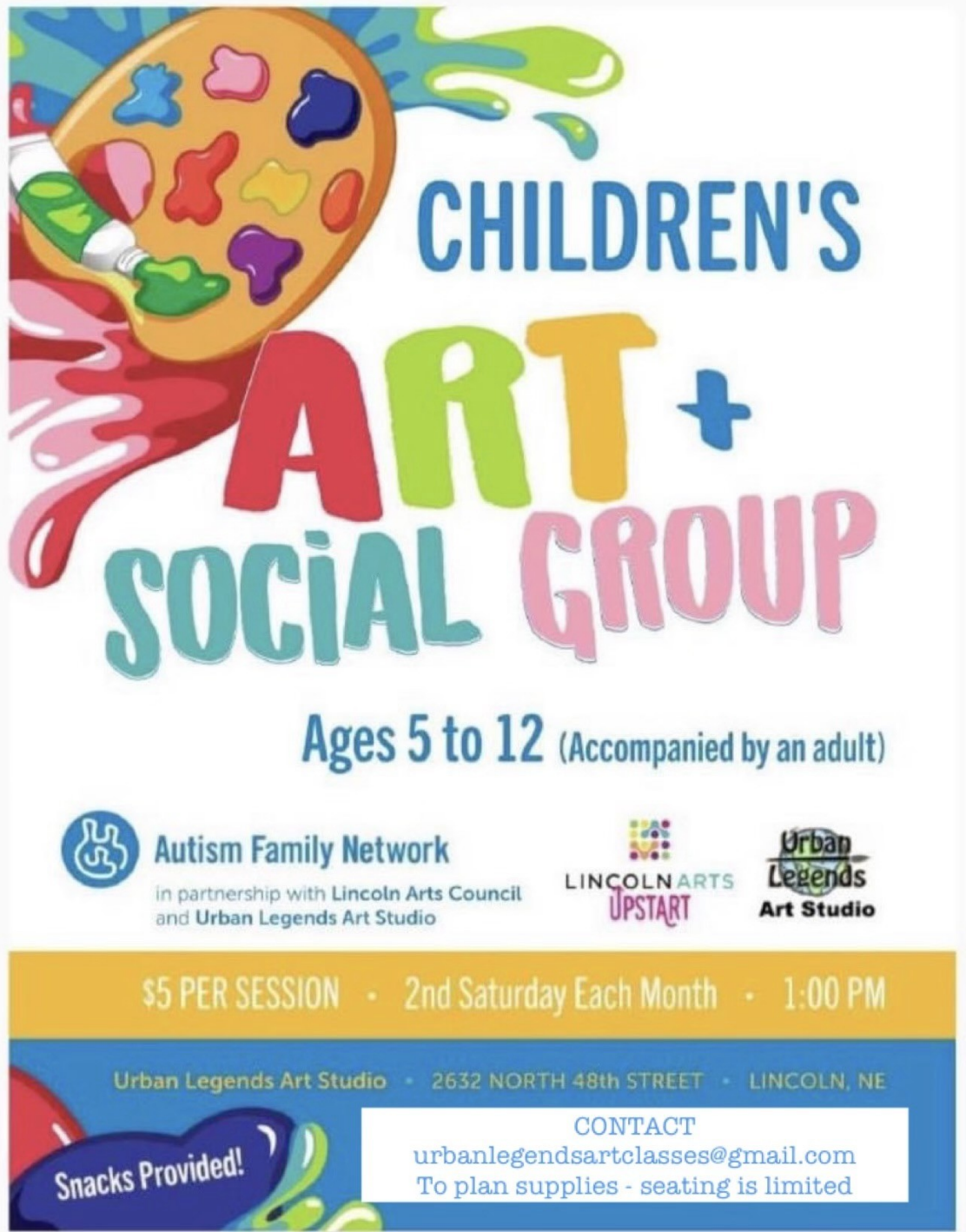
**SUPPORT GROUP SATURDAY  
APRIL 6TH @10AM  
AFN OFFICE  
307 NORTH 46TH STREET**

Topic: Open Discussion  
Meet with AFN Board  
Members

**RSVP:**


[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)







# CHILDREN'S ART + SOCIAL GROUP

Ages 5 to 12 (Accompanied by an adult)

 **Autism Family Network**  
in partnership with Lincoln Arts Council  
and Urban Legends Art Studio

 **LINCOLN ARTS  
UPSTART**

 **Urban  
Legends  
Art Studio**

**\$5 PER SESSION • 2nd Saturday Each Month • 1:00 PM**

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

**Snacks Provided!**

**CONTACT**  
[urbanlegendsartclasses@gmail.com](mailto:urbanlegendsartclasses@gmail.com)  
To plan supplies - seating is limited

**Next Session: April 6<sup>th</sup>- \*date changed due to AFN Run\***





Autism Family Network

AFN



# Musical Arts Social Club

AFN is proudly hosting in  
partnership with Music Studio  
LNK and Lincoln Arts Council

Second Wednesday of every month  
6:30pm



Location :

Foundry Space  
211 N. 14th Street  
Lincoln, NE  
2nd floor  
Additional parking  
available in Larson  
Building Garage



RSVP:

[autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

**Next Session: April 10<sup>th</sup>**

9th ANNUAL CAPITAL CITY

# AUTISM RUN

**SATURDAY APRIL 13**

**SANDHILLS GLOBAL EVENT CENTER**  
4100 NORTH 84th ST. • LINCOLN, NE

**FREE T-SHIRT** for runners  
who register by March 27

**ALL RUNNERS & AGES WELCOME**  
Prizes for race winner and best outfit

Register today at  
[GetMeRegistered.com/  
RunForAutism5K](http://GetMeRegistered.com/RunForAutism5K)



**Autism Family Network**

For sponsorship information, contact AFN at:

[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)

402-421-0874



## Autism Family Network

Thank you for your interest in sponsoring the 9th Annual Autism Family Network Autism Run. Please see the below sponsorship opportunities. We thank you in advance for your generous contribution which is tax deductible: **Tax ID #: 76-0842403**

### Diamond Sponsor - \$5000

- Everything mentioned in Platinum plus...
- AFN insulated cup and jacket
- 12 total Complimentary race entries
- Full page ad in our newsletter
- Complimentary 4x8 banner supplied by AFN

### Platinum Sponsor - \$2500

- Everything mentioned in Gold plus...
- 10 total Complimentary race entries
- Half page ad in our newsletter
- Complimentary 2.5x 6 banner supplied by AFN

### Gold Sponsor - \$1000

- Everything mentioned in Silver plus...
- 6 total Complimentary race entries
- Business card size ad in our newsletter
- Complimentary AFN hoodie
- 2 run route signs

### Silver Sponsor - \$500 (or items of equal value)

- Everything mentioned in Bronze plus...
- Space available to set up and distribute corporate material
- 4 total Complimentary race entries
- Sign along run route

### Bronze Sponsor - \$300 (or items of equal value)

- Company or individual name displayed on AFN website, Facebook, Twitter
- Company name on the LED sign show at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- 2 Complimentary race entries



# Autism Family Network

## Friend of AFN- \$150

- Media and website mention
- 1 complimentary race entry

Thank you for your interest in sponsoring the 2024 Autism Family Network Autism Run. Please fill out this form and return it to 307 N 46th St, Lincoln, NE 68503 or email to [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com).

Please make checks payable to Autism Family Network or pay via PayPal, credit card, or clicking Donate on our homepage located at [autismfamilynetwork.org](http://autismfamilynetwork.org).

### Business/Sponsor Name:

\_\_\_\_\_

### Address (include city/state/zip):

\_\_\_\_\_  
\_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Have you enclosed your logo? (Please circle) Y or N

If not, please email your logo to [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com) by March 25th, 2024.

\*Logos and artwork must be provided by sponsors in print ready pdf files. Publisher and Word files are not accepted.

### Sponsorship Level (please check level and list shirt sizes if applicable):

- Diamond- \$5000 (12 shirts available)
- Platinum- \$2500 (10 shirts available)
- Gold- \$1000 (6 shirts available)
- Silver- \$500 (4 shirts available)
- Bronze- \$300 (2 shirts available)
- Friend- \$150 (1 shirt available)

### Number of each shirt size:

Adult:

XL\_\_\_\_\_ L\_\_\_\_\_ M\_\_\_\_\_ S\_\_\_\_\_ XS\_\_\_\_\_





# Autism Family Network

Youth:

XL\_\_\_\_ L\_\_\_\_ M\_\_\_\_ S\_\_\_\_ XS\_\_\_\_

Signature: \_\_\_\_\_

## Runner Registration Form

- Name:
- Email:
- Address:
- Phone:
- Age:
- Shirt size:
- Child \$20\_\_\_\_ Adult \$30\_\_\_\_ Circle of friends group (school aged only) \$20\_\_\_\_

Needs to be received by March 27<sup>th</sup>, 2024, to be guaranteed a shirt.

Please send the completed registration form to:

AFNLincoln, 307 North 46<sup>th</sup> street, Lincoln NE 68503

Or via email: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

Prizes are awarded for the best costume, as well as place winners in each runner category.

Liability waiver: I agree that if I participate in this physical activity, program and/or event, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities/premises and assume all risk of injury, illness, damage or loss to me or my property that might result from entering this event. I hereby consent to receive medical treatment in the event of injury, illness, or accident during the event. I hereby, for myself, my executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive a release all event sponsors, charities, volunteers, and the city of Lincoln and the Sandhills Global Event Center. The signing of this release waiver extends to all claims seen and unforeseen against any party associated with this event.

Signature of registrant: \_\_\_\_\_

Event information:

**Saturday April 13<sup>th</sup>**

8:00 registration begins.

9:00 5k begins.

10:00 children's race begins.

**Sandhills Global Event Center**

4100 North 84<sup>th</sup> street

Lincoln, NE 68505

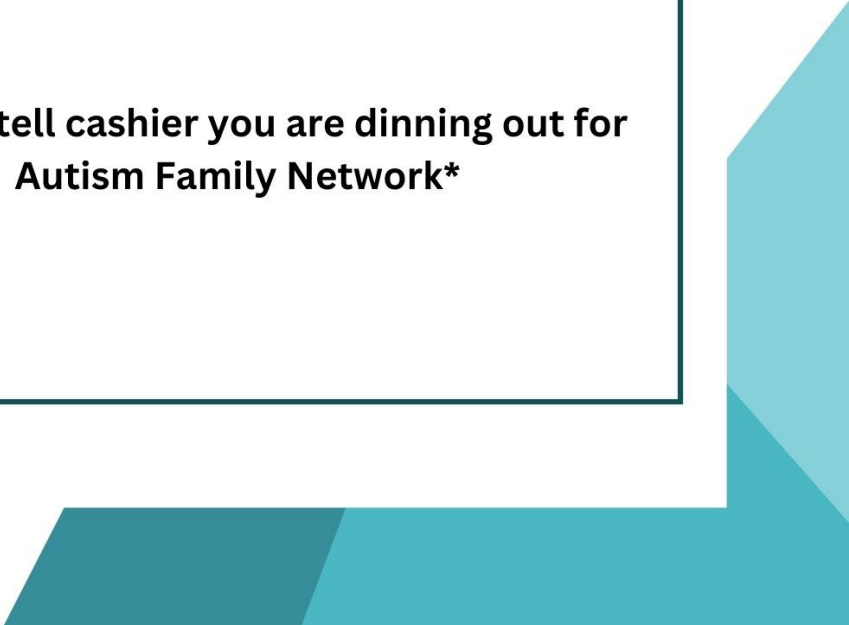


**Autism Family Network  
Dine Out Night**

Don & Millies  
8150 O Street  
April 23rd 2024  
11am-Close

20% of funds will be donated to  
AFN

**\*please tell cashier you are dinning out for  
Autism Family Network\***





**Autism Family Network**

is partnering with **Lincoln Arts Council**  
and **Urban Legends Art Studio**  
to host:

# YOUNG ADULT ART SOCIAL CLUB

for individuals with special needs.

**\$5 PER SESSION** • 4th Wednesday Each Month • 6:30 - 7:45 PM

**Urban Legends Art Studio** • 2632 NORTH 48th STREET • LINCOLN, NE

Class size is limited, so please preregister by emailing AFN at:

**AutismFamilyNetworkLincoln@gmail.com**

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.





**Next Session: April 24th**



**PROJECT LIFESAVER EDUCATIONAL  
MEETING**

**APRIL 29TH @  
6:00PM  
6601 PINE LAKE ROAD LINCOLN, NE**

**Join us for an informational meeting  
and learn about the Lancaster  
County Project Lifesaver Program**

**RSVP: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)**

Josh the Otter and  
Autism Family Network  
are partnering to offer



# WATER SAFETY LESSONS

for individuals on  
the autism spectrum.

**NOW  
ENROLLING**

Contact Kim at  
Float 4 Life  
for details.

**SCHOLARSHIPS  
AVAILABLE**

Contact AFN for  
an application.

**\$40  
PER SESSION**

- Specially trained instructors
- 1-on-1 customized lessons

**Josh the Otter // Float 4 Life // Joshua Collingsworth Foundation**  
8445 EXECUTIVE WOODS DR. • LINCOLN, NE 68512

For enrollment information, contact Kim at: **402-613-5555**

For scholarship information, contact AFN at:

**402-421-0874 // AutismFamilyNetworkLincoln@gmail.com**

This project was supported in part by grant funds provided to the Nebraska Council on Developmental Disabilities through Grant #2001SCDDNE, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

**A Collaboration between Autism Family Network and Josh the Otter**



**Autism Family Network**



**Application for Financial Assistance**

Client name: \_\_\_\_\_

Annual Household income: \_\_\_\_\_

(submit copy of most recent income tax)

Household size: \_\_\_\_\_

Any extenuating circumstances: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Return this form with along with copy of income tax to:

Autism Family Network 6500 Holdrege Street Lincoln NE 68505

Or via email to: [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com)

This scholarship covers up to \$30 of each lesson

This scholarship covers up to 20 lessons per individual.

Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson



# AUTISM SERVICES OF LINCOLN

**Early Intervention ABA Services**

1600 S 70th St Suite 100 Lincoln NE 68506

P: (402)318-3105

[www.autismservicesoflincoln.com](http://www.autismservicesoflincoln.com)





# stride

## AUTISM CENTERS

### Nebraska Locations

#### Omaha

310 Regency Pkwy #115  
Omaha, NE 68114

#### West Omaha

2528 S 130th Avenue  
Omaha, NE 68114

#### Northwest Omaha

13808 W Maple Rd, Suite 124  
Omaha, NE 68164

#### Lincoln

4545 S 86th St, Suite 101  
Lincoln, NE 68526

#### Central Lincoln

400 N 48th St, Suite C1  
Lincoln, NE 68504

#### Sioux City

4280 Sergeant Rd, Ste 230  
Sioux City, IA 51106



Scan to Begin  
Enrollment



[www.stridecenters.com](http://www.stridecenters.com)  
(515) 207-5251  
@stridecenters



ABOVE & BEYOND  
THERAPY

# Project Lifesaver

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.

Battery change dates: April 14<sup>th</sup> 2024





In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

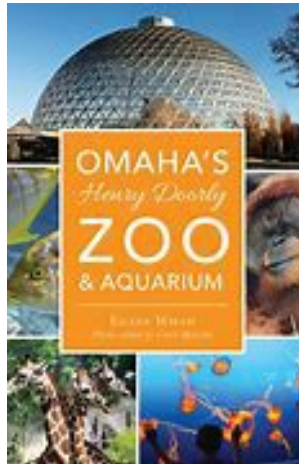
The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

**Diane K.Stewart**

*Enable Outreach Specialist*  
First National Bank

[www.EnableSavings.com](http://www.EnableSavings.com) [[facebook.com](https://www.facebook.com/enable4)] 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • 📞 402.602.3596 • 📠 402.938.5200



## FREE PASS TO THE ZOO

**AFN has a free family pass to Omaha Henry Doorly Zoo. This pass is available to check out during 2024. Please contact AFN to see if the pass is available and reserve your day!**

[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)





## Free Family Pass to Lincoln Children's Museum

AFN has a free pass to Children's Museum available for families. Please contact AFN to reserve the pass for a day.

[AutismFamilyNetworkLincoln@gmail.com](mailto:AutismFamilyNetworkLincoln@gmail.com)

# Pediatric Therapy

## Helping Kids Achieve Their Milestones

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

### **Our Areas of Specialty Include:**

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment



The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015.

This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.

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<http://www.legalaidofnebraska.org>

**LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR SUFFERING A FALL INTO DEEPER POVERTY.**

*In everything we do, for everyone in Nebraska: we make equal justice happen.*

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19<sup>th</sup> St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

**Behaven Kids Lincoln**

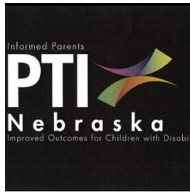
1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

[info@behavenkids.com](mailto:info@behavenkids.com)

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## PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

[info@pti-nebraska.org](mailto:info@pti-nebraska.org) [www.pti-nebraska.org](http://www.pti-nebraska.org)

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now. Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en> . Contact the Autism Family Network with any questions you may have regarding the waiver at [autismfamilynetworklincoln@gmail.com](mailto:autismfamilynetworklincoln@gmail.com) or at 402-421-0874.