



Autism Family Network

www.AutismFamilyNetwork.org

autismfamilynetworklincoln@gmail.com

402-421-0874

March 11th - Young Child Art Club

March 19th - Prehistoric Putt 1-3pm

April 1st - Support Group @ 1pm

April 1st - Egg Hunt

April 8th - Young Child Art Club

April 12th - Musical Arts Social Club

April 15th-8th Annual Capital City Autism Run

April 26th - Young Adult Social Club



CHILDREN'S ART + SOCIAL GROUP

Ages 5 to 12 (Accompanied by an adult)



Autism Family Network

in partnership with Lincoln Arts Council
and Urban Legends Art Studio



\$5 PER SESSION • 2nd Saturday Each Month • 1:00 PM

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

Snacks Provided!

Class size is limited, so please RSVP by emailing AFN at:
AutismFamilyNetworkLincoln@gmail.com

Next Session: March 11th @ 1pm



Who: AFN Families and Friends

What: Mini Golf

When: March 19th 1-3pm

Where: Prehistoric Putt

1919 Cornhusker Highway Lincoln, NE

RSVP Required

RSVP: autismfamilynetworklincoln@gmail.com

Snacks Provided





Autism Family Network

is partnering with **Lincoln Arts Council**
and **Urban Legends Art Studio**
to host:

YOUNG ADULT ART SOCIAL CLUB

for individuals with special needs.

\$5 PER SESSION • 4th Wednesday Each Month • 6:30 - 7:45 PM

Urban Legends Art Studio • 2632 NORTH 48th STREET • LINCOLN, NE

Class size is limited, so please preregister by emailing AFN at:

AutismFamilyNetworkLincoln@gmail.com

AFN BOARD MEMBERS WILL BE AVAILABLE FOR DISCUSSION WITH CAREGIVERS.



March 22nd @ 630pm

AFN SUPPORT GROUP

April 1st @1pm

6500 Holdrege Street

Topic: Open Discussion

Resource Sharing

Meet with AFN Board Members

RSVP:

autismfamilynetworklincoln@gmail.com



Autism Family Network



COLLISION CENTER

Saturday, April 1, 2023

Easter Egg Hunt

INCLUSIVE

EGG HUNT FOR PEOPLE
OF ALL ABILITIES

9:30AM - 10AM

GENERAL PUBLIC
(AGE GROUPS)

10AM - 12PM



2801 N. 83RD ST.
LINCOLN, NE 68507



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AutismFamilyNetworkLincoln@gmail.com

Next Session: April 8th



Autism Family Network

is proudly hosting in partnership with
Lincoln Arts Council and **Daniel Martinez**

Musical Arts Social Group

Ages 5 and Up

(Must be accompanied by an adult)

2nd Wednesday of Each Month • 7:00 PM



Union College Music Dept – Engel Hall • 4811 BANCROFT AVE. • LINCOLN, NE

Class size is limited, so please RSVP by emailing AFN at:
AutismFamilyNetworkLincoln@gmail.com

Next Session: April 12th

8th
ANNUAL

CAPITAL CITY

AUTISM RUN!

SATURDAY APRIL 15

LANCASTER EVENT CENTER
4100 NORTH 84th ST. • LINCOLN, NE

YEAH!

FREE T-SHIRT
for runners who
register by April 1

POW!

All proceeds
benefit
LOCAL FAMILIES

Register today at
GetMeRegistered.com/
get_information.php?event_id=137632

For sponsorship information, contact AFN at:
402-421-0874 // AutismFamilyNetworkLincoln@gmail.com

All Runners
& Ages Welcome!
Prizes awarded to overall winner
and best superhero outfit.



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**LINCOLN ARTS
UPSTART**

**Urban
Legends
Art Studio**

Next Session: April 26th

create



discover




learn



play



sensory sundays

 lincoln children's museum

enjoy a sensory-friendly
morning of play
at the lincoln children's museum

the 3rd sunday of every month
9am – 11am

half-price admission from 9am – 11am!

Offered to families with children who would benefit from a sensory-friendly experience and quieter setting at the Museum.

Enjoy this time to connect and make memories in exhibit spaces with lower lights, softer music, and sensory-friendly activities.

Sensory kits will also be available for check-out that include noise-reducing headphones, fidgets and more.

1420 P Street – Lincoln, NE | 402-477-4000 | lincolnchildrensmuseum.org

**Josh the Otter and
Autism Family Network**
are partnering to offer



Autism Family Network



WATER SAFETY LESSONS

for individuals on
the autism spectrum.

**NOW
ENROLLING**

Contact Kim at
Float 4 Life
for details.

**SCHOLARSHIPS
AVAILABLE**

Contact AFN for
an application.

**\$40
PER SESSION**

- Specially trained instructors
- 1-on-1 customized lessons

Josh the Otter // Float 4 Life // Joshua Collingsworth Foundation

8445 EXECUTIVE WOODS DR. • LINCOLN, NE 68512

For enrollment information, contact Kim at: **402-613-5555**

For scholarship information, contact AFN at:

402-421-0874 // AutismFamilyNetworkLincoln@gmail.com

This project was supported in part by grant funds provided to the Nebraska Council on Developmental Disabilities through Grant #2001SCDDNE, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Lincoln Water Safety Program

A Collaboration between Autism Family Network and Josh the Otter



Autism Family Network



Application for Financial Assistance

Client name: _____

Annual Household income: _____

(submit copy of most recent income tax)

Household size: _____

Any extenuating circumstances: _____

Phone: _____ Email: _____

Return this form with along with copy of income tax to:

Autism Family Network 6500 Holdrege Street Lincoln NE 68505

Or via email to: autismfamilynetworklincoln@gmail.com

This scholarship covers up to \$30 of each lesson

This scholarship covers up to 20 lessons per individual.

Parents approved for financial assistance through the Autism Family Network are responsible for a \$10 copay per lesson at the time of the lesson.



VOLUNTEERS NEEDED!

FOR THE NTC RESIDENTIAL PILOT PROGRAM

- PROVIDE AFTER HOURS, NON-EMERGENCY SUPPORT FOR NEURODIVERSE STUDENTS PRACTICING INDEPENDENT LIVING SKILLS
- REMOTE, ON-CALL SUPPORT LINE SHIFTS (WORK FROM HOME!)
- HELP STUDENTS NAVIGATE DECISION-MAKING, PLANNING, CONFLICT RESOLUTION, ETC.
- TRAINING PROVIDED!
- APPLICATION AND BACKGROUND CHECK REQUIRED

For more information:

Contact volunteer@nebraskatransitioncollege.org

[HTTPS://WWW.NEBRASKATRANSITIONCOLLEGE.ORG/WHAT-IS-IT.HTML](https://www.nebraskatransitioncollege.org/what-is-it.html)



AUTISM SERVICES OF LINCOLN

Early Intervention ABA Services

1600 S 70th St Suite 100 Lincoln NE 68506

P: (402)318-3105

www.autismservicesoflincoln.com



Step Ahead ABA is now **Accepting New Families**

*Accepting New
Clients Now!
No Wait List!*

GET STARTED on Your ABA Journey Today

In-home and community based services: ABA services are provided in your child's natural environment

Flexible scheduling: Evening and Weekend Sessions Available

Qualifications: All our therapists are experienced, thoroughly credentialed, vetted and screened for your safety and peace of mind

CALL US TODAY
(402) 969-6633

ne.stepaheadaba.com

OUR SERVICE WORKS TOWARD THE FOLLOWING GOALS

- ✓ Learning crucial life skills
- ✓ Reducing problem behaviors
- ✓ Building up inherent strengths
- ✓ Developing social and communication skills

Serving the Following Cities:

Omaha, Lincoln, and surrounding areas

We Accept Medicaid and most commercial plans



CONNECT TODAY!

Alexis Parrish | Client Outreach Specialist
Step Ahead ABA

e: Ne.intake@stepaheadaba.com

p: (888) 238-1818 ext. 318

f: 1-855-915-1521

Project Lifesaver

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.



In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

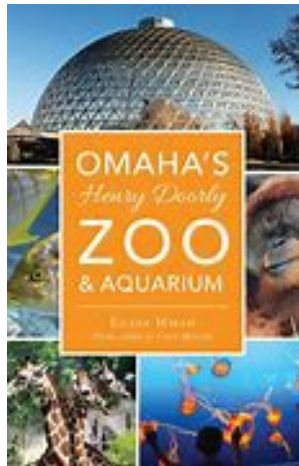
The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

Diane K.Stewart

Enable Outreach Specialist
First National Bank

www.EnableSavings.com [[facebook.com](https://www.facebook.com/1.844.ENABLE4)] 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • ☎ 402.602.3596 • 📠 402.938.5200



FREE PASS TO THE ZOO

AFN HAS A FREE FAMILY PASS TO OMAHA'S HENRY DOORLY ZOO AND AQUARIUM. THIS PASS MAY BE CHECKED OUT BY FAMILIES WITH SPECIAL NEEDS DURING 2022. PLEASE CONTACT AFN TO FIND OUT IF THE PASS IS AVAILABE AND WHERE YOU CAN PICK IT UP

AustimFamilyNetworkLincoln@gmail.com



Pediatric Therapy

Helping Kids Achieve Their Milestones

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

Our Areas of Specialty Include:

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment

The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015.

This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.



<http://www.legalaidofnebraska.org>

**LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A
LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR
SUFFERING A
FALL INTO DEEPER POVERTY.**

In everything we do, for everyone in Nebraska: we make equal justice happen.

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19th St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016

HORSES FOR HEALING

Equine Therapy & Research Center | Firth, Nebraska

Horses for Healing was formed by a group of horse professionals, parents, teachers and healthcare specialists with the belief that there are people in our community who can benefit from the unique **healing power of horses**.

While our first priority is to serve people, we also place value on providing **evidence-based research** to back the activities our riders engage in. We are collaborating with colleges and healthcare systems to improve the quality of the research in the benefits of equine therapy.

Phone: 402-730-1176

Email: horsesforhealingne@gmail.com

Facebook: facebook.com/horsesforhealingNE/



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

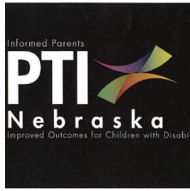
Behaven Kids Lincoln

1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

info@behavenkids.com



PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

info@pti-nebraska.org www.pti-nebraska.org

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now. Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en> . Contact the Autism Family Network with any questions you may have regarding the waiver at autismfamilynetworklincoln@gmail.com or at 402-421-0874.



UNIVERSITY OF NEBRASKA MEDICAL CENTER™

MUNROE-MEYER INSTITUTE

Improving Parents As Communication Teachers



COACH

Your coach will help you learn how to increase your child's social communication through teaching, modeling and feedback.

CAREGIVER

As a parent or caregiver of a child with autism spectrum disorder or other developmental delay, your role will be to learn intervention strategies to use during your daily routines and interactions with your child in the home and in the community.

CHILD

This program is designed to encourage your child's skills in four areas:

- social engagement
- communication
- imitation
- play

To learn more, call our clinic number at 402-472-0642 and press 1 to be scheduled for a screening (please ask to be scheduled at the Lincoln RiteCare Clinic.) If your child has not had a speech-language evaluation at RiteCare or Munroe-Meyer Institute within the past 6 months, an evaluation may need to be scheduled with you and your child prior to starting the program.

WHAT

Project ImPACT is an individualized caregiver coaching program offered by an ASHA Certified Speech-Language Pathologist

WHERE

Lincoln RiteCare Clinic





MUNROE-MEYER
INSTITUTE

RiteCare Clinics



The Munroe-Meyer Institute's RiteCare Clinics

provide state-of-the-art individual and group speech, language and communication interventions to children without regard for the family's ability to pay.

How to learn more:

Website: unmc.edu/mmi/services/speech/ritecare

Phone: 402-559-6418



**Scan with your
phone's camera app.**

UNIVERSITY OF
Nebraska
Medical Center

Munroe-Meyer Institute
6902 Pine St.
Omaha, Nebraska