

RUN 5K FOR 5K AUTISM

Send Registration & Payment to:
Autism Family Network
5730 R Street, Suite C2
Lincoln, NE 68505



The Autism 5K is a run/walk to benefit families affected by autism. Every 20 minutes a child is diagnosed with autism and 1 in 68 children are currently diagnosed. Overall, more than 1.5 million Americans are affected.

WHEN

Saturday, April 7, 2018
5K Start: 9:00am
Kids Fun Run Start: 10:00am

WHERE

Railyard – R & Canopy St
Start/Finish
Lincoln, Nebraska

FEES

\$25 Age 13 & up
\$15 Age 12 & under
\$10 Circle of Friends Team
(using their own t-shirts)

\$30 Race Day

REGISTER!

Find Online Registration at
www.arclincoln.org or mail in this
completed registration form.

For Serious and Not-so Serious Runners

Prizes will be awarded for the
best Light It Up Blue outfit as well
as overall winner.

REGISTRATION FORM

Should be RECEIVED in our office by
Wednesday, March 28, 2018 in order to guarantee a t-shirt.

Name: _____

Team Name (if any): _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Phone: _____

Circle: Male | Female

Email Address: _____

T-Shirt Size (if ordering):

Adult: S ___ M ___ L ___ XL ___ XXL ___ XXXL ___

Child: S ___ M ___ L ___

WAIVER: I agree that if I participate in this physical activity, program and/or related event, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities or premises and assume all risk of injury, illness, damage or loss to me or my property that might result from entering this event. I hereby consent to receive medical treatment in the event of injury, accident and/or illness during the Autism 5K. I hereby for myself, my executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive a release all event sponsors, charities, volunteers, and the city of Lincoln. The signing of this release waiver extends to all claims seen and unforeseen against any party associated with this event.

Signature _____ Date _____